Foolproof Skin Care

CLEANSER
CeraVe Foaming
This gentle giant won’t give you that squeaky-clean feeling—and that’s a good thing, says dermatologist Emmy Graber, that might be the biggest radiance booster, as it “sloughs off dead skin cells” to allow the moisturizing ingredients to penetrate better. Now you’re pretty much guaranteed to wake up on the “bright” side of the bed. $43; origins.com.

C. E. and H. But it’s the salicylic acid in the mix, says Boston dermatologist Emmy Graber, that might be the biggest radiance booster, as it “sloughs off dead skin cells” to allow the moisturizing ingredients to penetrate better. Now you’re pretty much guaranteed to wake up on the “bright” side of the bed. $43; origins.com.

Annie Chiu. With hyaluronic acid (a molecule that helps your skin hold on to water), “this formula removes makeup and grime without stripping,” she says. In addition to supporting your all-important skin barrier with ceramides (a type of lipid that helps keep skin moisturized), the residue-free wash also contains niacinamide to fight inflammation and irritation. $12; walmart.com.

EYE TREATMENT
Neocutis Lumière
“This is your gold-star eye cream,” says Dr. Chiu of the frequent Best Beauty Buys winner. “Patients come in and say that out of all the products they’ve bought, this is the one that works,” notes Dr. Bank. “You can see an improvement in fine lines, puffiness, and overall texture,” says San Diego dermatologist Melanie Palm. Need we say more? Fine. This gentle cream is loaded with active ingredients like growth factors and peptides to help firm up your face and help reduce the signs of skin damage in the long run. $90; lovelyskin.com.

DAYTIME MOISTURIZER
Avene Positively Radiant SPF 30
Here’s a one-two punch you’ll want to receive: The lotion delivers a respectfully high SPF with a lightweight, non-sticky consistency, says N.Y.C. dermatologist David Bank. The hydrosol also addresses discoloration with soy, which “breaks up excess pigment in the skin,” says N.Y.C. dermatologist Rosemarie Ingleton. $15; drugstore.com.

SERUM
SkinCeuticals C E Ferulic
Maybe you’ve heard that you should be using an antioxidant serum under your SPF. Well, that’s not a ploy to sell more skin serums. Those antioxidants offer an extra layer of defense against free radicals, the cell-destroying molecules triggered by sun exposure. This formula rewards you for your diligence by softening the look of lines and fading brown spots over several weeks. Says Dr. Ingleton. “With highly concentrated levels of vitamins C and E, it’s worth every penny.” $162; skinceuticals.com.

SCRUB
First Aid Beauty Facial Radiance Polish
Not all scrubs are created equal: This creamy slougher is free of microbeads (tiny synthetic balls that pose a danger to marine life) and rough-edged abrasives. “The product contains pulvurized tea-nut shells, which are soft, smooth, and safe for the environment,” says N.Y.C. dermatologist Joshua Zeichner. The fine-grit formula also boasts willow-bark extract, which gently eliminates dead cells. Even many sensitive types can handle this foamer. $24; sephora.com.

HAND CREAM
L’Occitane Shea Butter
It feels like butter. Shea butter, to be exact. But better smelling and less greasy, too, says manicurist Ann Vega, who’s been reaching for this rich moisturizer for years. And its price breaks down to a great bargain given how just a teeny pea-size dot covers your entire hand. It’s perfect the hydrating shield holds on even after a vigorous hand washing during flu season. $28; use loccitane.com.

FOOT CREAM
L’Occitane Shea Butter
Why, hello there. This shea butter-based takes the prize for pampering stiletto-prone feet too. If you’re as finicky as Goldiades, our panelists say this item is sure to please: it’s not thick and it fails to soften and heavy that you ‘struggle to apply it,’ says Vega. The blend, which also contains coconut oil and honey extract, leaves skin supple, hydrates hard cuticles, and renders sandpaper soles and heels smooth. Use it during the day to cast a sheer, light-catching sheen, making your feet and calves look infinitely better in your gladator sandals. At night, make like Vega and slather it on before bed, covering your feet with thick cotton (read: breathable) socks immediately after. This not only seals in precious moisture but also prevents you from an unexpected slip ‘n’ slide during a midnight bathroom run. $28; use loccitane.com.

NIGHT CREAM
Origins Night-A-Mins
About as far from a heavy, floral-fragranced overnight cream as you can get, this citrusy pre-bedtime treat works to fight dullness with antioxidants like vitamins
Blissful Body Treatment’s

**BODY MOISTURIZER**
Clinique Body Butter
Inside this tub you’ll find a virtual treasure trove of rich, luxurious ingredients. It’s dense with moisturizers like shea butter and glycerin to give skin a soft, supple feel, and vitamin E offers antioxidant protection. When the mercury dips and you’re really feeling dry, you can try this editor trick: Spike your daily dose with a few drops of oil, like argan or coconut, for a doubly decadent (and reparative) sensorial delight. $30; clinique.com.

**BODY WASH**
Dove Deep Moisture
Have you been relying on your body lotion to mend all the rough patches? Then you’re not addressing what could be causing them in the first place: hot showers. When you make them a daily habit, you can strip your skin and break down the moisture barrier, says Dr. Nazarian. And we all know that it’s a lot easier to prevent cracks than to seal them up. Enter this bodywash, which restores moisture while it cleanses away dirt and grime. “I even use it as a shaving cream,” says Dr. Nazarian. $7; at drugstores.

**BODY SCRUB**
Josie Maran Body Naturel
Scrubbs tend to be a study in contrast (exfoliating granules suspended in hydrating oils). But this one gets the balance just right. “It doesn’t have excess oil, so the product shouldn’t cause you to slip in the shower,” notes Dr. Henry. On the flip side, these sugar granules “slough skin without causing damage.” And the subtle scent of citrus in the argan-oil confection sends us straight to our happy place. $38; sephora.com.

**BODY OIL**
Neutrogena
You’d be hard-pressed to find a person who doesn’t love this cult classic. The silky, yet fast-absorbing texture, faintly floral scent, and repairing benefits of this oil are just three reasons we’re enamored. The hydrator sinks in and dries quickly, even when applied from neck to toes—which ideally should be done right after a shower to seal in moisture, says Dr. Palm. The sesame-oil mix also provides antioxidant vitamin E. $9.85 fl. oz.; neutrogena.com.

**RAZOR**
Gillette Venus Swirl
Are you guilty of shopping in the guys’ section to score a sharp, pivoting-head razor? Then call off the search and lay claim to this “awesome” tool, which Dr. Graber says “easily moves around ankles and knees so it gets every hair without causing nicks or cuts.” $10; drugstore.com.

**SHAVING CREAM**
Aveeno Therapeutic
“There are a lot of things I love about this cream,” says Dr. Graber. It serves as a hydrating layer that smooths the way for your razor. But even better, the product prevents itchy irritation with oatmeal and aloe while also moisturizing with glycerin. And instead of clogging and catching between your blades (like thick, milky formulas can), this blend rinses off without gumming things up. $4; drugstore.com.

**BAR SOAP**
Dove White Beauty Bar
“Dove got it right decades ago, and that’s why this product keeps winning,” says Dr. Graber of the familiar white bar that does away with dirt while moisturizing at the same time. The trick, doctors say, is all in the pH level. “Many soaps tend to have a high pH, which can disrupt the surface and its natural moisture barrier, leading to inflammation and that dry, light feeling,” says Dr. Zeichner. “This one cleanses without stripping the skin.” $4/2; at drugstores.

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**EDITOR’S PICK**

**MULTIPURPOSE HYDRATOR**
Kopari Coconut Sheer Oil
“Light and silky, this coconut oil can soften skin, gloss even the finest hair, and tackle what’s left of last night’s smoky eyes.”

—DIANNA MAZZONE,
ASSISTANT BEAUTY EDITOR
$44. Go to instyle.com/bbpbicks for discount from April 15 to May 12.