A foolproof method for getting a quick, pretty flush: Tap your ring finger in cream blush (such as Stila Cosmetics Aqua Glow Watercolor Blush) and press it against your thumb. To get just the right amount of sheer color on each side, use your ring finger to pat it on the apple of one cheek and your thumb for the other cheek. Dust a similar shade of light powder blush on top (try Urban Decay Afterglow 8-Hour Powder Blush) to prevent fading.

Multitask at the beach with a protective hydrating hair treatment. Saturate dry hair with a conditioning mask (try Briogeo Don’t Despair, Repair! Deep Conditioning Mask); then braid it or twist it into a bun.

Not enough time for weekly base, color, and top coats? Swipe on the all-in-one Sally Hansen Complete Salon Manicure, which also contains strengthener and growth treatment and dries in minutes. For the longest-lasting mani, choose a light, subtle color, like Sheer Eclat, so chips are less noticeable.

If you don’t even want to think about polish, treat nails to a coat of conditioner instead. Deborah Lippmann Genie In a Bottle neutralizes yellow and makes nails appear healthier. Ginger + Liz First Defense Natural Coat gives a matte finish, and Orly BB Crème smooths and brightens.

If you use a dryer, try a blow-dry speed spray (like L’Oréal Paris Advanced Hairstyle Blow Dry It Quick Dry Primer Spray), which wicks water from the hair shaft.

Or skip enamel completely and simply buff nails. Buffing reduces yellowing and other discoloration caused by polish.

For a quick smoky eye, line your lashlines with a gel pencil (try Maybelline New York Studio Lasting Drama Waterproof Gel Pencil), then smudge it out with your finger.

Two easy ways to avoid having to touch up your makeup throughout the day: Use products that contain a primer (Clinique Pop Lip Colour + Primer and Neutrogena Nourishing Long Wear Eye Shadow + Built-in Primer are both great options) or mist your complexion with a makeup-setting spray (such as Coola Makeup Setting Spray SPF 30) before you walk out the door.

A balm stick (get Pre de Provence Argan Balm) can be an excellent all-in-one moisturizer. Use it on dry patches, cuticles, on the eye area, and to soften lips.

Step up your style with a fast and easy (but fancy) braid, which works on long hair of all textures. One option: Pull hair into a ponytail and secure with an elastic. Then split the ponytail in two and braid each half. Twist the braids into a bun and Bobby pin into place. For a looser, more laid-back look, braid a one-inch section above each ear, then pull the two skinny braids around to the back of the head and pin.

Create a flattering nude lip without lipstick: Just dab a little concealer on the center of your lips and blend it out with your finger. Apply a clear gloss (such as Make Up For Ever Artist Plexi-Gloss in Transparent) on top to give it sheen.

**OUR EXPERTS**

- **Rianna Capri**, Clear Scalp & Hair celebrity stylist
- **Annie Chappas, M.D.**, dermatologist in New York City
- **Lisa Chincione**, hairstylist in New York City
- **Annie Chiu, M.D.**, dermatologist in Redondo Beach, California
- **Sharon Dorristi**, hair colorist in New York City
- **Stephanie Fies**, Clinique color pro
- **Genoveva Gerster, M.D.**, L’Oréal Paris skincare expert
- **Ted Gibson**, hairstylist in New York City
- **Cindy Graber, M.D.**, dermatologist in Boston
- **Kanella Hirsch, M.D.**, dermatologist in Boston
- **Sarah Lucente**, Stila Cosmetics global director of education
- **Ellen Marmur, M.D.**, dermatologist in New York City
- **Sarah Petrynczak**, Australian celebrity stylist
- **Du Quinette**, hairstylist in New York City
- **Ashunta Sheriff**, makeup artist in New York City
- **Sir John**, L’Oréal Paris celebrity makeup artist
- **Molly R. Stern**, makeup artist in Los Angeles
- **Christian Wood**, Toni & Guy celebrity stylist

*For details see Shop Guide.